

Dereham 5km Town Race
 Overall Finish List
 July 22, 2011
 Results By Mucky Races

Dereham 5k Town Race

Place	Name	Team	Bib No	Age	Age Group	Place	Chip Time
1	JAMES PRESTON	WYMONDHAM AC	171	22	**** M 22-39		16:13.8
2	CHRIS MERRYLEES	NORTH NORFOLK B	206	33	**** M 22-39		16:33.2
3	JOHN BROOM	BARNSELY HARRIE	120	41	**** M 40-49		16:49.1
4	CHRISTOPHER HOLLINSHEAD	STAFFORD HARRIE	151	45	1 M 40-49		16:52.3
5	SEAN WATSON	CONAC	202	16	1 M 0-21		16:58.0
6	JOHN MANLOW	ELY RUNNERS	54	42	2 M 40-49		17:04.3
7	MALCOLM TUFF	RYSTON RUNNERS	164	46	3 M 40-49		17:12.1
8	PHIL WAITY	WYMONDHAM AC	71	18	2 M 0-21		17:22.0
9	STEFAN GLAYSHER	NORWICH ROAD RU	117	49	4 M 40-49		17:23.5
10	CHRIS YEATES		107	29	1 M 22-39		17:29.6
11	P J MUFFETT	NORTH NORFOLK B	208	53	1 M 50-59		17:55.7
12	SEAN JERMY	GYRR	155	22	2 M 22-39		17:54.5
13	KELLY RUSHTON	CITY OF NORWICH	162	28	**** F 22-39		18:01.4
14	STEVE BATES	COLTISHALL JAGU	146	39	3 M 22-39		18:01.2
15	JACK HOLLAND	26.2 RRC (SURBI	191	27	4 M 22-39		18:05.5
16	WAYNE EASLEA	NORWICH ROAD RU	174	37	5 M 22-39		18:05.8
17	MARK HAYNES	COLTISHALL JAGU	228	34	6 M 22-39		18:08.2
18	PERRY MANN	BLACKPOOL, WYRE	130	27	7 M 22-39		18:12.0
19	SPENCER GOODALL		138	43	5 M 40-49		18:11.2
20	JANE CLARKE	CONAC	26	51	**** F 50-59		18:18.4
21	ADAM CRASKE	BUNGAY BLACK DO	116	24	8 M 22-39		18:22.8
22	COLIN ROBILLIARD	COLTISHALL JAGU	35	58	2 M 50-59		18:27.1
23	PAUL SMITH	NORWICH ROAD RU	218	36	9 M 22-39		18:28.1
24	KARL CHAPMAN	WYMONDHAM AC	159	42	6 M 40-49		18:32.0
25	RAY GOOSE	CONAC	29	47	7 M 40-49		18:33.0
26	PETE JOHNSON	NORFOLK GAZELLE	67	57	3 M 50-59		18:43.6
27	MARK BETTS	NCH RD RUNNERS	55	39	10 M 22-39		18:52.3
28	ANDREW PRESTON	WYMONDHAM AC	170	46	8 M 40-49		18:55.6
29	RUTH PROCTOR	HALLAMSHIRE HAR	225	27	**** F 22-39		19:01.9
30	DARREN NAUGHTON	RYSTON RUNNERS	200	40	9 M 40-49		19:06.1
31	MARTIN YEOMANS	NCH RD RUNNERS	4	60	1 M 60-99		19:13.4
32	JASON MOUNTAIN	WYMONDHAM AC	183	29	11 M 22-39		19:22.9
33	AMY DUNGAR	WYMONDHAM AC	25	29	1 F 22-39		19:22.3
34	Peter Tuttle	Norwich Road Ru	299	47	10 M 40-49		19:23.1
35	IAN THOMAS	NORFOLK GAZELLE	126	52	4 M 50-59		19:36.8
36	STEVE BOWERMAN	RYSTON RUNNERS	153	45	11 M 40-49		19:36.9
37	ADRIAN GRAND	NCH RD RUNNERS	20	46	12 M 40-49		19:40.0
38	REBECCA FAIRCLOTH	WYMONDHAM AC	169	39	2 F 22-39		19:45.7
39	TIM ANGELL	CITY OF NORWICH	207	48	13 M 40-49		19:45.9
40	DAWN BROOM	BARNSELY HARRIE	119	47	1 F 40-49		19:52.7
41	KEITH BRIGHTY	NORWICH ROAD RU	147	48	14 M 40-49		19:52.4
42	STEVE CHILDERHOUSE	WYMONDHAM	211	40	15 M 40-49		20:09.3
43	ADRIAN JAY	COLTISHALL JAGU	63	41	16 M 40-49		20:11.9
44	MARION MCCALL	THETFORD ATHLET	156	41	2 F 40-49		20:21.6
45	CHRIS CHORLEY	BUNGAY BLK DOG	14	48	17 M 40-49		20:16.0
46	DAVID ALDIS	CONAC	46	60	2 M 60-99		20:21.9
47	JAMES DOGGETT		167	30	12 M 22-39		20:30.3
48	ROD BYE	COLTISHALL JAGU	59	50	5 M 50-59		20:32.7
49	STEPHEN DADY	GYRR	187	59	6 M 50-59		20:29.9
50	Paul Sullivan		292	44	18 M 40-49		20:36.1
51	ELIES MANN	NCH RD RUNNERS	3	39	3 F 22-39		20:36.5

52	ANDREW CUTTING		195	46	19 M 40-49	20:35.3
53	CHRISTOPHER MOULTON	SUDBURY JOGGERS	219	37	13 M 22-39	20:39.9
54	MARK STOREY	CONAC	136	46	20 M 40-49	20:38.9
55	PAUL WIGHTMAN	WYMONDHAM AC	204	48	21 M 40-49	20:43.1
56	GERRY WATSON	WYMONDHAM AC	28	55	7 M 50-59	20:44.6
57	CHARLES BARKER	ELY RUNNERS	197	60	3 M 60-99	20:48.2
58	KEVIN GARWOOD	WYMONDHAM AC	216	47	22 M 40-49	20:56.8
59	RICHARD LAWES		226	54	8 M 50-59	20:52.5
60	ROSS HEWITT		168	32	14 M 22-39	20:50.5
61	JIM HAYES	N.N.BEACH RUNNE	68	65	4 M 60-99	21:10.1
62	MAL GARWOOD	WYMONDHAM AC	217	43	23 M 40-49	21:07.3
63	PAUL STEVENSON		198	44	24 M 40-49	21:09.5
64	TERRY BRANNAN	WYM AC	190	67	5 M 60-99	21:23.2
65	STACEY OWEN	THETFORD AC	178	28	4 F 22-39	21:27.9
66	SALLY CUSHING	NORWICH ROAD RU	123	46	3 F 40-49	21:30.3
67	KEVIN POWLES	NORWICH ROAD RU	127	44	25 M 40-49	21:39.9
68	DOMINIC HAZELL		210	17	3 M 0-21	21:32.9
69	MARK RING	NORWICH ROAD RU	131	44	26 M 40-49	21:43.1
70	RODERICK MAIN		11	45	27 M 40-49	21:46.0
71	STEPHEN KENWORTHY		142	43	28 M 40-49	21:52.1
72	MARK LAWES		227	16	4 M 0-21	21:47.7
73	JOHN WHARTON	BUNGAY BLACK DO	141	56	9 M 50-59	22:00.5
74	IAN BREEZE		18	40	29 M 40-49	21:59.3
75	CRAIG WITTING	RYSTON RUNNERS	229	17	5 M 0-21	22:03.9
76	RICHARD EDWARDS		180	32	15 M 22-39	22:03.1
77	DAVID OSMOND		38	45	30 M 40-49	22:07.4
78	DAVID LANE	RYSTON RUNNERS	65	46	31 M 40-49	22:07.3
79	GRAHAM HARDINGHAM	NORFOLK GAZELLE	118	50	10 M 50-59	22:18.2
80	JAMES CHAPMAN		182	19	6 M 0-21	22:05.2
81	MICK STAINES	CASTLE POINT JO	48	63	6 M 60-99	22:18.5
82	RICHARD HIGH	NCH RD RUNNERS	42	40	32 M 40-49	22:12.5
83	JERRY HAZELL		209	49	33 M 40-49	22:16.8
84	ANTHONY BARSTARD	DEREHAM RUNNERS	166	63	7 M 60-99	22:26.0
85	CHRISTOPHER MILNES	RYSTON RUNNERS	60	54	11 M 50-59	22:33.4
86	JAKE GRAND	NCH RD RUNNERS	19	17	7 M 0-21	22:35.1
87	ELLIE BYE	COLTISHALL JAGU	57	23	5 F 22-39	22:36.4
88	ANNE MILLETT	NORWICH ROAD RU	143	55	1 F 50-59	22:43.7
89	Williamson Tom		6	13	8 M 0-21	22:34.5
90	ADELE EDWARDS		181	28	6 F 22-39	22:46.8
91	SIMON ABLE	RYSTON RUNNERS	212	40	34 M 40-49	22:58.9
92	SAMANTHA WING	THETFORD AC	203	22	7 F 22-39	23:00.9
93	Michael Smith	Wymondham ac	294	65	8 M 60-99	22:57.2
94	KEVIN CROOK	WYMONDHAM AC	221	29	16 M 22-39	22:57.7
95	BOBBIE SAUERZAPF	BUNGAY BLK DOG	13	52	2 F 50-59	23:03.0
96	DARREN ROWLET	DEREHAM RUNNERS	70	44	35 M 40-49	23:01.4
97	TREVOR HORREX	NCH RD RUNNERS	40	51	12 M 50-59	23:02.7
98	MARTIN SMITH		105	48	36 M 40-49	23:15.8
99	VIKKI BRADLEY	WYMONDHAM AC	184	27	8 F 22-39	23:13.7
100	DENNIS BARTRAM	WYMONDHAM AC	224	60	9 M 60-99	23:22.3
101	TRACEY STEVENS	WYMONDHAM AC	17	42	4 F 40-49	23:25.4
102	DEBORAH CHAPMAN	NORWICH ROAD RU	137	36	9 F 22-39	23:25.0
103	Jen Rudd	Wymondham ac	298	37	10 F 22-39	23:26.8
104	CAROLYN BETTS	NORFOLK GAZELLE	53	57	3 F 50-59	23:37.7
105	DAVID HUTCHEON	COLTISHALL JAGU	161	67	10 M 60-99	23:34.9
106	Geraldine Jordan		295	46	5 F 40-49	23:46.4
107	JACKIE BYE	COLTISHALL JAGU	58	53	4 F 50-59	23:46.2
108	LORRAIN DAWSON	GYRR	129	51	5 F 50-59	23:48.4
109	PHILIP NEAVE	BUNGAY BLK DOG	7	62	11 M 60-99	23:51.6
110	PAUL MINNS		69	46	37 M 40-49	23:55.8

111	PATSY BEADLEY	WYMONDHAM AC	185	51	6 F 50-59	24:07.7
112	KRYSIA SMITH	COLTISHALL JAGU	139	35	11 F 22-39	24:08.4
113	MALCOLM FISHER		192	32	17 M 22-39	24:19.5
114	SARAH JAY	COLTISHALL JAGU	62	45	6 F 40-49	24:13.4
115	TIM CHEESMAN		175	29	18 M 22-39	24:18.1
116	MICHAEL CRAMPTON		140	46	38 M 40-49	24:10.5
117	JULIETTE MEEK		213	30	12 F 22-39	24:26.5
118	EMMA HURCOMBE	STAFFORD HARRIE	150	39	13 F 22-39	24:25.8
119	GRAHAM DUNN		111	41	39 M 40-49	24:17.5
120	CHRISTINE COOKE	COLTISHALL JAGU	52	52	7 F 50-59	24:31.0
121	Ann Harper		296	47	7 F 40-49	24:43.0
122	VERONICA MANLY	EVAC	39	63	1 F 60-99	24:45.5
123	DAMON LUSBY		73	39	19 M 22-39	24:40.8
124	DARREN ELLEY	PORK CHOP EXPRE	157	39	20 M 22-39	24:47.0
125	NIGEL MULFORD		44	29	21 M 22-39	24:50.4
126	MAX THOMPSON		109	16	9 M 0-21	24:43.5
127	TONI TARRANT	DEREHAM RUNNERS	115	44	8 F 40-49	25:03.9
128	JAMIE STOUTT		177	39	22 M 22-39	25:01.2
129	DAVID HAINES		205	63	12 M 60-99	25:22.3
130	PATRICK BEST		36	40	40 M 40-49	25:24.0
131	BRENDA HUTCHEON	COLTISHALL JAGU	160	63	2 F 60-99	25:31.9
132	ALISON MILNES	RYSTON RUNNERS	61	50	8 F 50-59	25:37.5
133	ANDREW ELLEY	PORK CHOP EXPRE	158	32	23 M 22-39	25:33.1
134	ANDY HARROD	RYSTON RUNNERS	222	47	41 M 40-49	25:47.9
135	PETER DREW	RYSTON RUNNERS	223	56	13 M 50-59	25:51.1
136	JONATHAN BURTON		135	43	42 M 40-49	25:43.4
137	SYLVIA DADY	GYRR	186	31	14 F 22-39	25:46.3
138	MERLE RISEBOROUGH		122	35	24 M 22-39	25:48.8
139	HELEN CUTTING		196	45	9 F 40-49	26:06.7
140	Ivan Colman	Norwich Road Ru	300	49	43 M 40-49	26:08.1
141	ANITA FORTES	DEREHAM RUNNERS	22	49	10 F 40-49	26:22.5
142	GARY BACKHOUSE		125	39	25 M 22-39	26:16.0
143	ANDREW YAXLEY		32	42	44 M 40-49	26:25.9
144	MATTHEW SMITH		128	26	26 M 22-39	26:49.5
145	LEE ANDERTON		152	42	45 M 40-49	26:39.6
146	GILL HART	RYSTON RUNNERS	64	58	9 F 50-59	27:04.3
147	KEZIA BURTON-WARD		21	28	15 F 22-39	26:46.3
148	KEVIN FREEZER		49	52	14 M 50-59	26:59.0
149	ANDY DAY		45	42	46 M 40-49	27:18.4
150	CAROLYN WESTON		30	42	11 F 40-49	27:18.3
151	ALISON WYNTON		31	42	12 F 40-49	27:18.8
152	JENS SCHWEIGART		15	35	27 M 22-39	27:28.4
153	DAWN BELSHAW		34	0	1 F 0-21	27:56.9
154	DENNIS WELLS	WYMONDHAM AC	112	61	13 M 60-99	27:59.9
155	JANE STASIAK		72	39	16 F 22-39	28:05.7
156	SPENCER BURRELL		104	38	28 M 22-39	28:03.1
157	EMMA MAIN		12	42	13 F 40-49	28:12.9
158	REBECCA DURANT	COLTISHALL JAGU	74	59	10 F 50-59	28:12.8
159	ALIX HOWARD		56	20	2 F 0-21	28:27.4
160	KIRSTY FREEZER		50	24	17 F 22-39	28:39.7
161	Clare Duffield		293	37	18 F 22-39	28:47.6
162	JED DUFFIELD		5	41	47 M 40-49	28:48.0
163	PAUL SLYFIELD		176	53	15 M 50-59	28:46.6
164	Madalina Newton		297	27	19 F 22-39	29:12.0
165	AMANDA JAMES		1	30	20 F 22-39	29:44.9
166	SARAH HANNER		215	27	21 F 22-39	29:43.1
167	ANDREW BOOT	NORWICH ROAD RU	149	41	48 M 40-49	29:48.8
168	NICOLA ELLISTON		194	37	22 F 22-39	30:01.5
169	THALIA BAYNE		193	38	23 F 22-39	30:01.1

170	RUTH ROBINSON		214	37	24 F 22-39	29:57.7
171	GLENN BATE		144	55	16 M 50-59	30:22.0
172	YVONNE NEWTON	CONAC	51	57	11 F 50-59	30:30.2
173	NATHALIE HAMMOND		43	20	3 F 0-21	30:32.7
174	REBECCA HARDY		2	31	25 F 22-39	30:50.1
175	JEANETTE STOKES		179	41	14 F 40-49	30:41.3
176	DIANE THOMPSON		108	48	15 F 40-49	30:36.5
177	DEBORAH HALL		110	45	16 F 40-49	30:38.7
178	REBECCA STERRITT		121	24	26 F 22-39	31:05.9
179	MICHAEL RADBOURNE		101	43	49 M 40-49	31:16.8
180	JULIE IVE		173	46	17 F 40-49	31:35.2
181	SUE TUFF	RYSTON RUNNERS	165	45	18 F 40-49	31:35.2
182	LUKASZ BRECHELKE		124	27	29 M 22-39	32:24.2
183	JULIE ANDERSON		189	33	27 F 22-39	33:04.8
184	Frank O'leary		230	35	30 M 22-39	33:48.9
185	LEWIS SMITH		8	20	10 M 0-21	34:20.8
186	SUSANNAH BUNTING		9	47	19 F 40-49	34:16.3
187	CHARLIE FENECH		188	65	14 M 60-99	34:32.8
188	ELIZABETH DRAYSON		133	57	12 F 50-59	35:19.3
189	KIERNAN RYAN		134	61	15 M 60-99	35:20.6
190	JAMES STEBBINGS		37	68	16 M 60-99	36:29.4
191	ELAINE MITCHELL	CASTLE POINT JO	47	62	3 F 60-99	37:18.1